



RECREATION

Government, private-for-profit and private, nonprofit organizations providing a variety of recreational activities and services with a focus on people with disabilities. Organizations may charge a fee for services. General recreation programs are not included unless they have a specialization for persons with disabilities.

CITY & COUNTY OF HONOLULU

**City and County of Honolulu
Department of Parks and Recreation
c/o Therapeutic Recreation Unit**

Oahu Beach Access

Phone: 522-7034 (V/TTY); 522-7086 (Fax)

E-mail: [OahuBeachAccess](mailto:OahuBeachAccess@co.honolulu.hi.us)

Web site: www.co.honolulu.hi.us

Provides wheelchairs and pathway beach mats at Ala Moana Regional Park, Hanauma Bay Nature Park, Sans Souci Beach Park, Kualoa Regional Park, Kailua Beach Park and Fort DeRussy Beach. Wheelchairs are Landeez All-Terrain and are available 7 days per week and are free of charge.

**City and County of Honolulu
Therapeutic Recreation Unit**

Therapeutic Recreation Resource Center
1000 Uluohia Street, Suite 309

Kapolei, HI 96707

Phone: 692-5750 (V/TTY); 692-5131 (Fax)

E-mail: parks-tru@co.honolulu.hi.us

Web site: www.co.honolulu.hi.us/parks/programs

Provides recreational activities that include people with disabilities such as arts and crafts, games, outdoor recreation, etc., at City parks and recreation program sites. Assists people with disabilities to access leisure/recreation programs in the Department of Parks and Recreation.

**Adapted Aquatics
c/o BOJAC Aquatics Center**

24 Sand Island Road, Suite 29

Honolulu, HI 96819

Phone: 853-2311 (V); 853-2177 (Fax)

E-mail: bojac@aloha.com

Offers Handicapped SCUBA Association (HSA) instruction for individuals with physical disabilities, and special instruction for the dive partners.

**Aloha Council
Boy Scouts of America**

42 Puiwa Road

Honolulu, HI 96817

Phone: 595-6366 (V); 595-4323 (Fax)

Web site: www.boyscoutshawaii.org

Operates scouting programs for young boys. Also has special troops for boys with disabilities in school programs.

**Rehabilitation Hospital of the Pacific
Therapeutic Pool**

226 North Kuakini Street

Honolulu, HI 96817

Phone: 531-3511 (V), 544-3310 (TTY)

1(800) 973-4226 (V) (Toll free)

544-3335 (Fax)

Web site: www.rehabhospital.org

Offers outpatient exercise classes to persons with physical disabilities, water exercise workouts for people with arthritis. In- and outpatient care for a wide variety of conditions: orthopedic, musculo-skeletal, pain, stroke, neuromuscular and spinal cord injuries.

Special Olympics

P.O. Box 3295

Honolulu, HI 96801

Phone: 943-8808 (V); 943-8814 (Fax)

Web site: www.specialolympicshawaii.org

Provides year-round sports training and athletic competition for children and adults with mental retardation, ages 8 years and older. Also offers athletic clubs for persons 18 years and older.

Therapeutic Horsemanship

P.O. Box 1339

Kailua, HI 96734

Phone: 262-1900 (V); 593-1841 (Fax)

Web site: www.petroglyphs.com/thh-htm

Provides pony cart driving and horseback riding for persons who are disabled or elderly. A physician's referral and physical therapy assessment is required before registering for classes.

Therapeutic Horsemanship Program at Kualoa Ranch

P.O. Box 650

Kaaawa, HI 96730

Phone: 237-8515, ext. 231 (V)

237-8925 (Fax)

Offers riding activities for persons with disabilities to improve posture, balance, coordination, strength and flexibility. Classes offered once a week for an 8-week session. Accredited by North American Riding for the Handicapped Association (NARHA). Fee for class.

COUNTY OF HAWAII

County of Hawaii**Police Department****Hawaii Island Police Activities League**

349 Kapiolani Street

Hilo, HI 96720

Phone: 961-2219 (V); 961-2220 (Fax)

Provides athletic programs and counseling for youth under 18 years of age, including youth with behavior problems.

Girl Scouts Council of Hawaii

16-105 Opukahaia Street

Keaau, HI 96749

Phone: 966-9376 (V); 966-8452 (Fax)

Provides troop activities for young girls, including individuals with disabilities.

Girl Scouts Council of Hawaii

14-5588 Pawai Place, Building B

Kailua-Kona, HI 96740

Phone: 329-5101 (V); 329-7291 (Fax)

(see description above)

Macashowen Arabians

P.O. Box 1188

Kurtistown, HI 96760

Phone: 968-8352 (V) or 968-1142 (V)

Email: macashowen@aol.com

Provides horseback riding for individuals or groups of people with disabilities.

Special Olympics**East Hawaii**

Phone: 959-7619 (V)

Provides year-round training and athletic competition for children and adults with mental retardation, ages 5 years and older. Also offers athletic clubs for persons 18 years and older.

Special Olympics**West Hawaii**

Phone: 322-0603 (V)

(see description above)

COUNTY OF KAUAI

County of Kauai Division of Parks and Recreation

4444 Rice Street, Room 150

Lihue, HI 96766

Phone: 241-6670 (V)
241-6660 (V) (Permits)
241-6807 (Fax)

Provides County-sponsored recreational activities and integrated programs for youngsters with developmental disabilities. Issues camping permits, parks and neighborhood center reservations. Issues loaner all-terrain wheelchairs for public use at Lydgate and Poipu Beach parks.

Esprit de Corps Riding Academy

P.O. Box 269

Kapaa, HI 96746

Phone: 822-4688 (V); 822-2309 (Fax)

Offers fully accessible equestrian experiences, including lessons and trail riding. Horses specially trained to handle physically challenged riders. Severely challenged riders welcome in an arena setting.

Kauai Center for Independent Living (KCIL)

P.O. Box 3529

Lihue, HI 96766

Phone: 245-4034 (V/TTY); 245-7218 (Fax)

E-mail: kcil@aloha.net

Web site: www.kcil.org

Peer support groups develop recreational outing experiences. Offers wellness program for clients.

Ocean Quest

Phone: 822-3589 (V)

Offers accessible swimming, snorkeling and diving experiences, including descriptions underwater for persons with low vision. Call to discuss individual needs.

Polynesian Adventure Tours

3113 Oihana Street, Suite B

Lihue, HI 96766

Phone: 246-0122 (V); 531-7101 (Fax)

E-mail: sales@polyad.com

Web site: www.polyad.com

Offers individualized guided or unguided tours. Has lift-equipped tour vehicle. Destinations may be limited by extent of accessibility at scenic site.

Wilcox Adult Day Care Center

3420 Kuhio Highway

Lihue, HI 96766

Phone: 246-6919 (V/Fax)

Provides recreational activities for adults who have disabilities and who are elderly, and those who are memory-impaired. Activities include socialization and physical activity to prevent institutionalization. Promotes independence. Hours are 7:00 a.m. to 5:00 p.m. weekdays.

COUNTY OF MAUI

County of Maui
Department of Human Concerns
Senior Services Division
Lanai Senior Center
Lanai City, HI 96763
Phone: 565-6282 (V); 565-6974 (Fax)

Provides arts and crafts classes on the island of Lanai for seniors including seniors with disabilities. Limited transportation available. Lunch is served Mondays-Fridays at the center.

County of Maui
Department of Human Concerns
Senior Services Division
401 Alakapa Place
Paia, HI 96779
Phone: 243-7308 (V); 877-7463 (Fax)

Provides educational, recreational, and social activities at various sites on the island of Maui for seniors, including seniors with disabilities. Transportation available.

American Cancer Society
Cameron Center
95 Mahalani Street
Wailuku, HI 96793
Phone: 244-5553 (V); 244-6195 (Fax)
Web site: www.cancer.org

Provides the experience of one week at summer camp on Oahu, available for children ages 7 or older diagnosed with cancer. Teen weekend program and a special weekend for families of children with cancer are available.

American Lung Association
Asthma Sports Day Camp
Cameron Center
95 Mahalani Street
Wailuku, HI 96793
Phone: 244-5110 (V); 242-9041 (Fax)
E-mail: alahmaui@pixi.com
Web site: www.ala-hawaii.org

Provides a summer program for children with asthma from ages 5-12 years. Program includes exercises and swimming. Maui office also serves the islands of Molokai and Lanai. The program "Open Airways" for schools is available on all three islands for third, fourth, and fifth graders with asthma.

Imua Rehab-Camp Imua
Cameron Center
95 Mahalani Street
Wailuku, HI 96793
Phone: 244-7467 (V); 242-4762 (Fax)

Sponsors a week long summer camp held at Camp Maluhia in Kahakaloa for school-aged children with disabilities.

The Maui Animal Aloha Center
444A Makawao Avenue
P.O. Box 278
Pukalani, HI 96788
Phone: 572-5753 (V); 572-5753 (Fax)

Offers therapeutic horseback riding for persons of all ages with disabilities. Call for appointment. Also provides animal education and awareness through a myriad of games, activities, discussions and hands-on time for preschool and elementary school children with and without disabilities.

Maui Special Olympics
P.O. Box 1842
Kahului, HI 96733
Phone: 572-4844 (V/Fax)

Provides year-round training and athletic competition for children and adults with mental retardation or closely related developmental disabilities, ages 8 years and older.

Over the Rainbow, Inc.

296 Alamaha Street, Suite C

Kahului, HI 96732

Phone: 871-7785 (V); 871-7536 (Fax)
1(800) 303-3750 (V)

Arranges accessible activities for persons with disabilities, including snorkeling, scuba diving and kayaking with adaptive equipment. Also assists in arranging other activities such as accessible boating and helicopter with lifts, excursions, accessible luaus and shows.